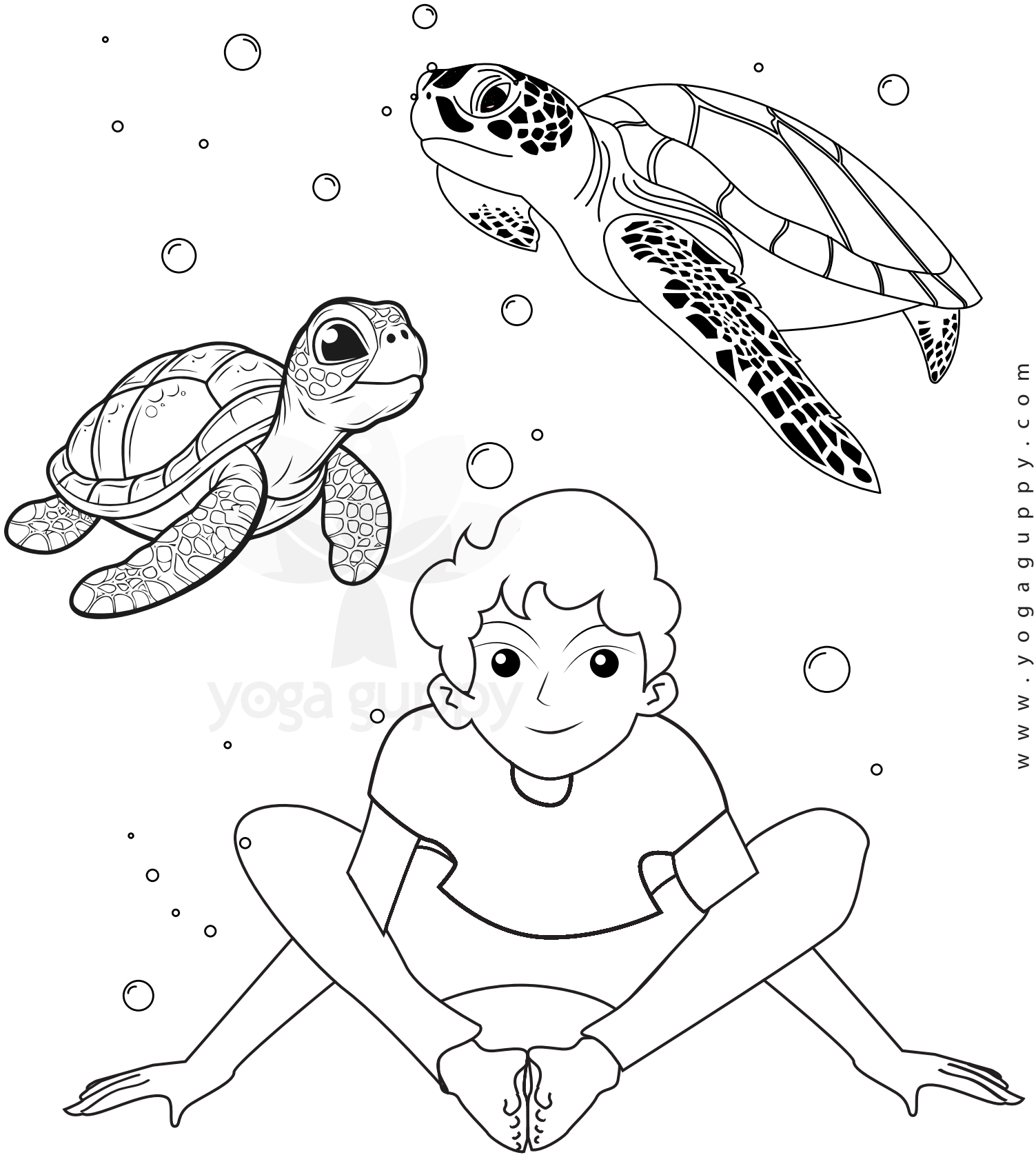


TURTLE POSE



KURMASANA